

Wednesday 15th February 2017

How does your garden grow?



Last month we welcomed Kirsty McArdle, pictured above at Bedford's Park Walled Garden, who gave an informative talk about this community project. She also shared her passion about weeds and told us which are good to eat but we may have to take her word for it on this! For anyone interested in visiting the garden, a trip has been organised for 18th July in the evening but do get your name down as it is limited to 20 places.

If you love food but hate waste then this month we will be gain tips from the waste busters on how to reduce food waste and save money.

President's Pitch

Hello Lovely Belles and a huge warm welcome to our shiny new Belles! This evening we will be hearing from The Essex Waste-busters Team how we can support a WI Resolution, Love Food, Hate Waste, in our very homes. We also have our tasty sounding challenge cup and details of our trips for this year. Looking forward to catching up with you all.

Big Belles Love Jane xxx

Tonight

Our take on Show
the Love

Love food, hate
waste.

Waste Busters

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Challenge Cup

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Cookery Book
and utensil swap

Book lunch club

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Book trips

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Next Meeting

15th March

Do you know what is
in your garden or
kitchen cupboard
that will produce
beautiful colour on
fabrics, yarn, paper
and fibre?

Prepare to be
amazed as we hear
from

The Crafty Heffalump

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15th April

Resolutions and
AGM

TBBWI Group Activities

For more information on any group please see the 'Belles and Beyond' page on our website



Tripping with the Belles



As a winter pick-me-up, a trip to see the beautiful snowdrops at **Bennington Lordship**, Stevenage has been arranged for Thursday 16th February. This trip costs £6 which includes a guided walk and refreshments will be available to purchase. Liz will be at the booking table so please let her know if you'd like to go and if you'd like to carshare.

The **WI Fair at Alexandra Palace** is on in March and there will be lots of craft, cookery and creativity with demonstrations and a food market. A group of Belles plan to travel together on Friday 31st and take advantage of the group rate - £11 as opposed to £12.50 for WI members. if you are interested, please let Liz know .

The trips table will be manned as usual this month by Marion and Carol. Please see them to put your name down for any of the forthcoming trips as advertised on the website or at the meeting.

Challenge Cup Competition

Have you got a favourite recipe that makes use of leftover food? If so, print it out and enter it into this month's competition to help others to combat food waste.

Last month's Winter photo winners:

1st place, 3 points - Mary Toft

2nd place, 2 points - Breda Bower

3rd place, 1 point - Lesley Bradshaw

Cookery Book and Utensil Swap

Please bring along any unwanted cookery books or kitchen utensils for this month's swap. Did you know that all money raised buys the refreshments so you don't have to pay for your tea or coffee at meetings?

Notices

The next lunch will be held on Tuesday, 28th March. Full details from Vena or Beryl at Wednesday's meeting when a £5 deposit and menu choice will be required. If you are unable to attend the meeting but would like to go to the lunch, please contact Vena or Beryl and they will reserve a place for you and let you have the menu details.

The Spring Group this year is being hosted by the Dagenham Darlings and is at Heathlands, Dagenham on 6th May from 6-9pm. Cost £10.

Inter WI Quiz - Friday 16th June at Shenfield Parish Hall. Please let Tricia know if you would like to take part.

Congratulations to our member, Nicola, who has appeared in an article on TV in support of more midwives. We are proud of you, Nicola!

Our lovely Liz is hosting the third Annual Belles Garden Party on Thursday 3rd August .